

Certificate of Completion

This is to certify that

ELİF ÇELİK

(Signature of Participant)

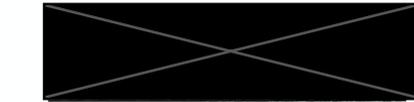
has completed

***Level 1 – Bridging the Couple Chasm
Gottman Couples Therapy: A Research-Based Approach***

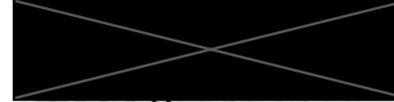
Istanbul, Turkey
December 08-09-10, 2021

Approved by The Gottman Institute Seattle, WA

Completion of this workshop qualifies you to use the materials presented in Level 1 with couples in a private practice setting,
And to receive further training with The Gottman Institute in
Level II: Assessment, Intervention and Co-Morbidities.



Filiz Kaya Ataklı, MA
Gottman Certified Therapist,
Gottman Methods Couple Therapy Trainer



Özge Altan Aytun, MA
Gottman Certified Therapist,
Gottman Methods Couple Therapy Trainer

psikolojistambul

Certificate of Completion

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***Level 2- Assessment, Intervention and Co-morbidities
Gottman Couples Therapy: A Research-Based Approach***

Istanbul, Turkey

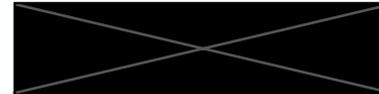
December 16-17-18-19 & 24-25-26, 2021

Approved by The Gottman Institute Seattle, WA

Completion of this workshop qualifies you to use the materials presented in Level II with couples in a private practice setting,



Filiz Kaya, MA
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psikolojistambul

YENİDEN SAĞLIK VE EĞİTİM DERNEĞİ SÜREKLİ EĞİTİM PROGRAMI KURS SERTİFİKASI

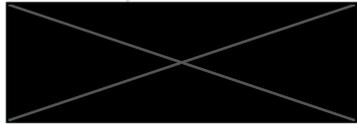
Tarih: 21.10.2020 - 09.12.2020



ELİF ÇELİK

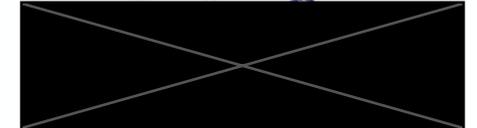
Yeniden Sağlık ve Eğitim Derneği Sürekli Eğitim programı çerçevesinde yürütülen 45saat“ **BİLİŞSEL DAVRANIŞÇI TERAPİLER EĞİTİMİ**” kursuna katılmış ve kursun gerektirdiklerini başarıyla tamamlayarak uygulayıcı sertifikasını almaya hak kazanmıştır.

Dernek Başkanı



Prof. Dr. Kültegin ÖGEL

Eğitimci



Uzm. Kln Psk Alper AKSOY

Certificate of Completion: ISST approved training module

Elif Çelik

ISST-Approved Trainer(s) Name(s): H. Alp KARAOSMANOĞLU

Period: December 2022

CONTENT TRAINING PROGRAM(s) OR MODULE(s)*

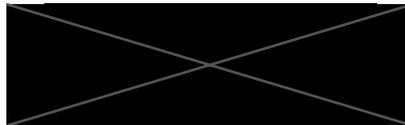
	Module 1	Module 2	Module 3	Module 4	Module 5	Module 6
Workshop Name	Introduction to Schema Therapy Model	Cognitive techniques Experiential techniques	Behavioral techniques Therapy Relationship	Schema Mode Work with Personality Disorders	Borderline Personality Disorder	Narcissistic & Child Schema Therapy
Hours specified	Didactic: 5 Role-play: 2	Didactic: 5 Role-play: 3	Didactic: 4 Role-play: 4	Didactic: 4 Role-play: 4	Didactic: 4 Role-play: 2	Didactic: 3 Role-play: 2
Trainer(s)	Alp Karaosmanoğlu	Alp Karaosmanoğlu	Alp Karaosmanoğlu	Alp Karaosmanoğlu	Alp Karaosmanoğlu	Alp Karaosmanoğlu
Date	December 15, 2022	December 16, 2022	December 17, 2022	December 22, 2022	December 23, 2022	December 24, 2022
Subject covered	* Introduction to schema & mode concepts * An overview of therapeutic strategies * Therapeutic Relationship: Being a Schema Therapist * Schemas, Coping Styles, and Modes * Assessment: including interviews, imagery, and inventories * Psycho-education about needs and rights of children * Temperamental Factors Clarifying Goals & Needs * Conceptualizing a Case in Schema Terms and/or modes	* Application of cognitive techniques * Using flash cards-schema diary * Imagery & Imagery re-scripting * Linking Schemas with Early Childhood Experiences * Limited Re-Parenting with Child modes, especially with the Vulnerable and Angry Child Modes * Confronting Maladaptive Coping Modes, Parent Modes	* Coping Styles * Defining targets of change Prioritizing behaviors for pattern-breaking * Using flash card, imagery, role-play and homework assignments * Overcoming blocks to behavioral change	* Limited Re-Parenting * Empathic Confrontation * Limit Setting * Therapists Schemas: Dealing with obstacles in treatment when therapists' schemas become activated with certain types of patients. * Appropriate use of self-disclosure * APD * OCPD * DPPD	* Limited Re-Parenting * Empathic Confrontation * Limit Setting * Therapists Schemas: Dealing with obstacles in treatment when therapists' schemas become activated with certain types of patients. * Appropriate use of self-disclosure * BPD	* Limited Re-Parenting * Empathic Confrontation * Limit Setting * Therapists Schemas: Dealing with obstacles in treatment when therapists' schemas become activated with certain types of patients. * Appropriate use of self-disclosure * NPD * Introduction to Child Schema Therapy

Bu belge sadece ISST onaylı standart düzey sertifikası alabilmek için gerekli olan süpervizyon ön koşulu olan ISST onaylı temel düzey eğitim koşullarının sağlandığını gösterir. Bu belge, kişinin Şema terapi eğitimleri düzenlemesine ve süpervizyon vermesine kesinlikle izin vermez. ISST etik kurallarına göre, Standart düzey sertifika alan kişiler, eğitici olma hakkına sahip ileri düzey Şema Terapistlerinin koordinasyonunda destekleyici olarak süreçlerde yer alabilirler.

No: 22-163

Date: December 28, 2022

H. Alp Karaosmanoğlu
Si nature of Trainin Facilitator



INTERNATIONAL SOCIETY OF
SCHEMA THERAPY